

Butoh Dance and Experimental Music Workshops for Children and Adults

Presented by North Wales-based dance company Anoikis



Butoh dance and experimental music workshops
Dawns Butoh a gweithdai cerddoriaeth arbrofol i Blant ac Oedolion

Led by local dancer Melissa Pasut and electroacoustic composer Andrew Leslie Hooker

Ucheldre Centre -Canolfan Ucheldre
Anglesey - Mill Bank, Holyhead LL65 1TE

IKAROS Art Space
Conwy County - Pandy Tudur, Nannerth LL22 8UN

7th of September/7fed o Fedi

2 hour workshops for kids - Gweithdai 2 awr i blant
10.00-12.00 aged/oed 6-10
13.00-15.00 aged/oed 11-15
£5 per session/£5 y sesiwn

8th of September/8fed o Fedi

1 day workshop for adults age 16 and up - Gweithdy
1 diwrnod i oedolion 16 oed a hŷn
14.00-19.00
£10 student/£15 for the full day/am y diwrnod llawn

Please book your place for selected workshop by
September 5th by contacting Melissa on
07768686742 or send an email to
mpasut9@gmail.com.

Archebwch eich lle ar gyfer y gweithdy hwn erbyn
Medi 5ed trwy gysylltu â Melissa.

These workshops will be delivered bi-lingually

14th of September/14 fed o Fedi

2-hour workshops for kids/Gweithdai 2 awr i blant
10.00-12.00 aged/oed 6-10
13.00-15.00 aged/oed 11-15
£5 per session/£5 y sesiwn

15th of September/15 fed o Fedi

1 day workshop for adults age 16 and up - Gweithdy
1 diwrnod i oedolion 16 oed a hŷn
11.00-16.00
£10 student/£15 for the full day/am y diwrnod llawn

Please book your place for selected workshop by
September 10th by contacting Melissa on
07768686742 or send an email to
mpasut9@gmail.com.

Archebwch eich lle ar gyfer y gweithdy hwn erbyn
Medi 10ed trwy gysylltu â Melissa

**No previous dance or music experience is required to participate in these workshops.
Nid oes angen unrhyw brofiad blaenorol o ddawns na cherddoriaeth i gymryd rhan yn y**

Butoh, conceived in Japan during the late 50's and early 60's during the social turmoil after the war, sought to find an expression through dance. The dance attempts to expose the joys and sorrows of life, exploring the most fundamental elements of physical and psychological existence. It goes beyond the confines of specific cultures and aims for universal expression that touches the soul of humanity.

Butoh yn ddawns a fu yn tyfu mewn poblogrwydd yn Japan yn ystod diwedd y 50au a dechrau'r 60au ar ôl y rhyfel. Defnyddiwyd y ddawns i ddod o hyd i fynegiant trwy ddawns. Mae'r ddawns yn ceisio datgelu llawenydd a gofidiau bywyd, gan archwilio elfennau mwyaf sylfaenol bodolaeth gorfforol a seicolegol. Mae'n mynd y tu hwnt i gyfyngiadau diwylliannau penodol ac yn anelu at fynegiant cyffredinol sy'n cyffwrdd ag enaid dynoliaeth. (cyf. Wikipedia)

These workshops are delivered as part of the project "From the Dust of This Wretched Earth" funded by the Arts Council of Wales and the Japan Foundation.

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www.anoikisdance.wix.com/anoikis